

THE **Eric** **Liddell** CENTRE

Inspiring, empowering and supporting our community



The Helping Hand Programme *“Local people helping us to help others”*

Day Care Service

We are thrilled that you are interested in being a volunteer helper in the Day Care Service for older people with dementia and cognitive impairment. We hope that you find the information about what you can do to help the service and the people who attend it useful.

How will I make a difference?

The Day Care Service provides an opportunity for people with dementia to meet and take part in activities with others in a safe and welcoming atmosphere. Our helpers are central to the service because they provide friendship and company to the service users and assistance to the staff in achieving our goals. We also support the carers of those who attend.

What will I be doing?

You will be helping to escort service users into the building, making tea/coffee and toast for breakfast and then sitting with the service users and staff for breakfast. You will then assist in providing activities or helping service users to carry out activities they choose to participate in. Volunteers help us at breakfast and lunch by setting tables and then clearing and cleaning them afterwards. There will be more activities to take part in the afternoon before we escort the service users to the minibus that takes them home.

Will I be trained?

You will receive training about dementia and how we aim to help people in day care. We ask our volunteers to be trained in food handling, emergency first aid, moving and handling awareness and other subjects relevant to our work such as reminiscence. We pay for these training sessions.

How much time will I need to give?

Volunteers can give as much time as they are able to but it really helps the service if they are with us for the core period when service users are here. Most volunteers therefore work from 9.30am to 2.30pm one day a week. What is really important to us is that when you say you will help that you fulfil the commitment you have made. Of course, emergencies do occur and we would like know if you are not able to make it.

Is the Day Care Service on every day?

Yes, we are open Monday to Friday.

What do I do next?

Please complete the “Helping Hand Programme” application form and make “Day Care” your first choice, we will then get back to you!